

# Shape design of a polymer microstructure for bones

joint work with M. Rumpf and S. Simon

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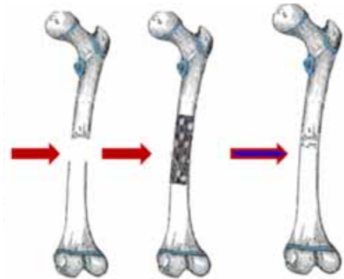
Albert-Ludwigs-Universität Freiburg

# Context

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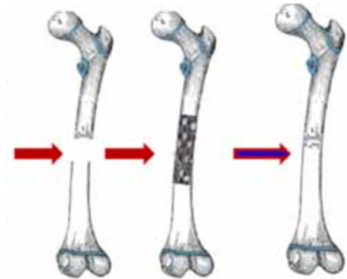
# Clinical Problem

- Critical sized bone defects due to trauma, osteoporosis or osteosarcoma comprise a major reason for disability.
- Despite many issues, autograft is still the gold standard of treatment.
- A number of substitutes are being explored.



# Ideal Scaffold

- Biocompatible.
- Bioresorbable.
- Provides mechanical stability during regeneration process.
- Does not prevent osteogenesis.



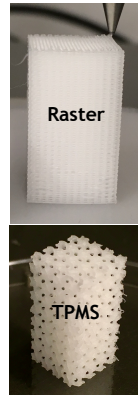
# Comparison of current strategies

		Osteo-conduction	Osteo-induction	Osteo-genesis	Osteo-integration	Structural support	Disadvantages
<b>Autologous Bone</b>	Autologous Cancellous	+++	+++	+++	+++	–	Limited availability and donor site morbidity
<b>Allogeneic Bone</b>	Allogeneic Cancellous	+	+	–	++	–	Risk of disease transmission and immune reaction
	DBM	+	++	–	++	–	Variable osteoinductivity associated with donors and processing methods
<b>Synthetic Substitutes</b>	Calcium sulfate	+	–	–	++	+	Rapid resorption, osteoconductive only
	Hydroxyapatite	+	–	–	–	++	Slow resorption, osteoconductive only
	Calcium phosphate ceramic	+	–	–	+	++	Osteoconductive only
	Calcium phosphate cement	+	–	–	+	+	Osteoconductive only
	Bioactive glass	+	–	–	–		Bioactive osteoconductive only
	PMMA	–	–	–	–	+++	Inert, exothermic, monomer-mediate toxic

Adapted from: Bhatt, R. A., & Rozental, T. D. (2012). Bone graft substitutes. *Hand Clinics*, 28(4), 457–468. <http://doi.org/10.1016/j.hcl.2012.08.001>

# Additively manufactured scaffolds

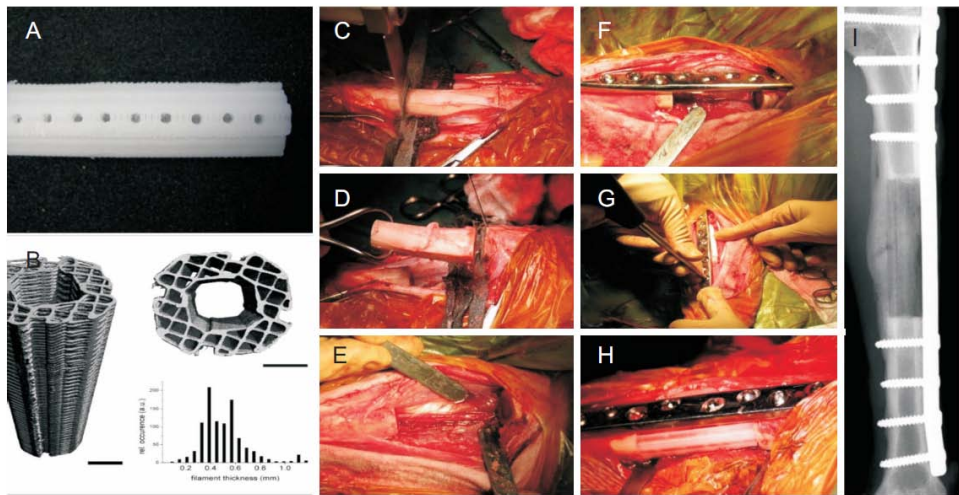
- Made from Polycaprolactone (PCL).
- Flexibility, patient customization.
- Conventional raster-angle scaffolds: very low resistance to shear, torsion, compression.
- Triply periodic minimal surfaces (TPMS): newer approach.
- Generally, polymer scaffolds are fairly soft, so one would want to increase their stiffness.



## Shape optimization

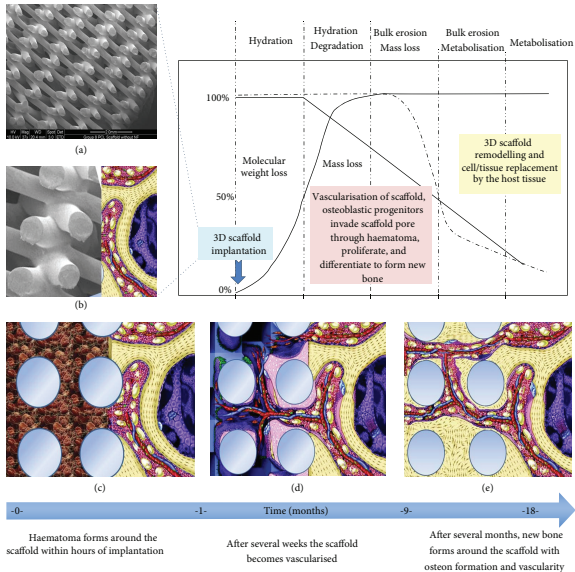
Numerical optimization of additively manufactured scaffolds seems like the natural next step in their design.

# Surgical procedure



Henkel et. al., Bone Research (2013)

# Bulk erosion





# Shape optimization

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## Setting

$\Omega = [0, 1]^3$  (scaled) micro cell. For a material  $m \in \{\text{b(one), p(olymer)}\}$ ,  $\chi^m : \Omega \rightarrow \{0, 1\}$  describes a (periodic) material distribution. The effect of bulk erosion yields  $\chi^b = 1 - \chi^p$ , so we set  $\chi^p = \chi$ . We assume isotropic linearly elastic materials.

## State equations

Given a material distribution  $\chi^m : \Omega \rightarrow \{0, 1\}$  the homogenized elasticity tensor  $C_*^m$  in a certain direction  $A^m \in \mathbf{R}_{\text{sym}}^{3 \times 3}$  (or the elastic energy  $E_{A^m}^m$  for the given load  $A^m$ ) are

$$\begin{aligned} E_{A^m}^m[\chi^m] &= C_*^m[\chi^m]A^m : A^m \\ &= \min_{\tilde{u}^m \in H_{\#}^1(\Omega, \mathbf{R}^3)} \int_{\Omega} \chi^m C^m (A^m + \varepsilon(\tilde{u}^m)) : (A^m + \varepsilon(\tilde{u}^m)) dx. \end{aligned}$$

# Optimization problem

## Cost functional

- We want the material to be mechanically stable and therefore we maximize the elastic energy.
- The scaffold and the regenerated bone will be subject to a number of different loading conditions  $A_j^m$ , all of which should be stable, so we maximize the minimum by using a weighting function  $g(\{E\}_j) = \left(\sum_j \frac{1}{E_j^p}\right)^{\frac{1}{p}}$ .
- We also take the minimum of the energy of the scaffold and the bone.
- This yields a compliance cost of

$$J_{\text{c(ompliance)}}[\chi] = \max \left( g^b(\{E_{A_j^b}^b\}_{j=1}^N), g^p(\{E_{A_j^p}^p\}_{j=1}^N) \right).$$

- We add a surface area penalty  $c_{\text{Per}} \text{Per}(\chi)$ .

# Implementation

We use a standard phase field approximation for  $\chi$  and regularize the max as  $\max_{\eta}(x, y) = \frac{1}{2}(x + y + \sqrt{|x - y|^2 + \eta})$ .

## Shape derivative

We have to compute

$$\delta_v J_C(v)[\hat{v}] = \partial_v J_C(v, \tilde{u}_l^m)[\hat{v}] + \sum_{m \in \{b, p\}} \sum_j \partial_{\tilde{u}_j^m} J_C(v, \tilde{u}_l^m) \partial_v \tilde{u}_j^m(v)[\hat{v}],$$

where the second term can be computed using the adjoint problem.

## Discretization

Using piecewise linear, continuous basis functions on a cuboid mesh, Lagrange multipliers for vanishing average conditions  $\tilde{u}_j$  and center of mass for  $\chi$ . We use an ersatz material to fill the empty space and a quasi-Newton (BGFS) method to approximate the optimizer.

## Numerical results

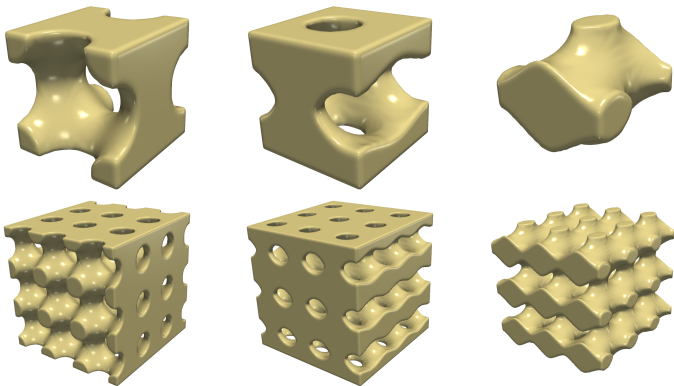
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# Loading conditions

We consider various combinations of the following loads:

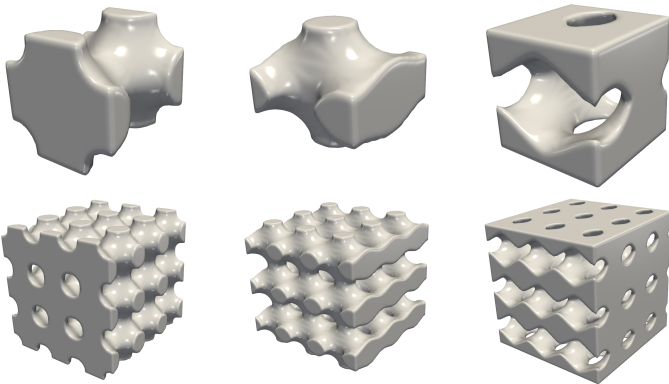
$$A_1 = \begin{pmatrix} \beta & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}, A_2 = \begin{pmatrix} 0 & 0 & 0 \\ 0 & \beta & 0 \\ 0 & 0 & 0 \end{pmatrix}, A_3 = \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & \beta \end{pmatrix},$$
$$A_4 = \begin{pmatrix} 0 & \beta & 0 \\ \beta & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}, A_5 = \begin{pmatrix} 0 & 0 & \beta \\ 0 & 0 & 0 \\ \beta & 0 & 0 \end{pmatrix}, A_6 = \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & \beta \\ 0 & \beta & 0 \end{pmatrix}.$$

# Results in the symmetric case (polymer)



	B	P	B	P	B	P
Load 1	0.028858	0.028138	0.028858	0.028138	0.040894	0.040897
Load 2	0.028304	0.028651	0.028304	0.028651	0.021201	0.021219
Load 3	0.028304	0.028651	0.028304	0.028651	0.021218	0.021202
Load 4	0.024839	0.024922	0.024839	0.024922	0.029377	0.029381
Load 5	0.024839	0.024922	0.024839	0.024922	0.029382	0.029376
Load 6	0.024839	0.024918	0.024839	0.024918	0.010773	0.010773
vol	0.49975	0.50025	0.49975	0.50025	0.49999	0.50001

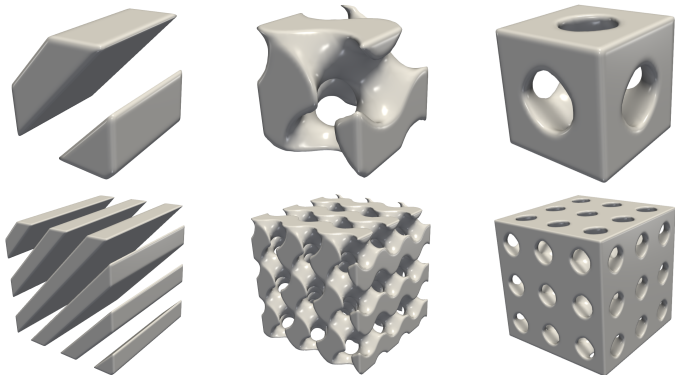
# Results in the symmetric case (bone)



	B	P	B	P	B	P
Load 1	0.028858	0.028138	0.028858	0.028138	0.040894	0.040897
Load 2	0.028304	0.028651	0.028304	0.028651	0.021201	0.021219
Load 3	0.028304	0.028651	0.028304	0.028651	0.021218	0.021202
Load 4	0.024839	0.024922	0.024839	0.024922	0.029377	0.029381
Load 5	0.024839	0.024922	0.024839	0.024922	0.029382	0.029376
Load 6	0.024839	0.024918	0.024839	0.024918	0.010773	0.010773
vol	0.49975	0.50025	0.49975	0.50025	0.49999	0.50001



# Influence of the perimeter penalty



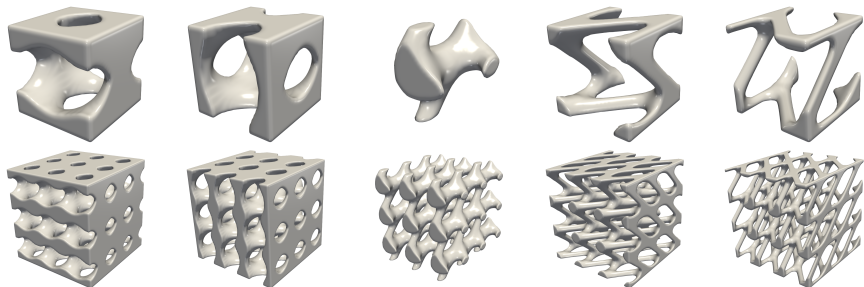
$\frac{1}{C_{Per}}$

2

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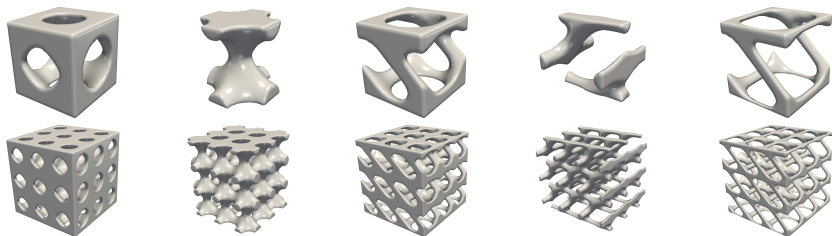
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# Influence of relative Young's modulus



Load	B	P	B	P	B	P	B	P	B	P
1	0.063411	0.049912	0.096988	0.058266	0.1039	0.067704	0.10264	0.080092	0.10773	0.091178
2	0.03103	0.028423	0.043565	0.036762	0.032102	0.052916	0.024592	0.070516	0.026306	0.083817
3	0.031044	0.028416	0.044754	0.036902	0.032021	0.052907	0.024592	0.070516	0.026306	0.083817
4	0.039041	0.041364	0.048936	0.054934	0.064294	0.077477	0.080385	0.10026	0.092991	0.11802
5	0.039046	0.041362	0.048983	0.055215	0.064298	0.077457	0.080385	0.10026	0.092991	0.11802
6	0.012109	0.017901	0.012961	0.027966	0.010188	0.051458	0.005915	0.081734	0.0036466	0.10502
vol	0.41917	0.58083	0.3454	0.6546	0.25082	0.74918	0.16297	0.83703	0.10518	0.89482

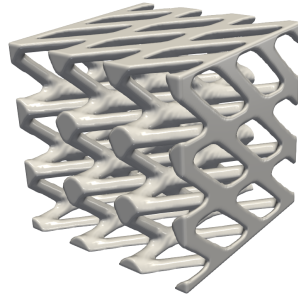
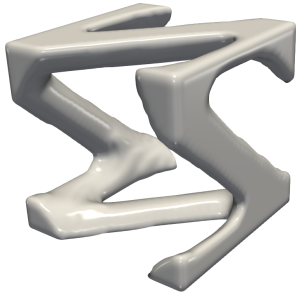
# Influence of relative Young's modulus (cont.)



Load	B	P	B	P	B	P	B	P	B	P
1	0.036587	0.033904	0.047996	0.042686	0.06413	0.059585	0.06837	0.071062	0.088662	0.086567
2	0.049667	0.043946	0.070545	0.054043	0.076653	0.067548	0.072202	0.074892	0.093866	0.090007
3	0.035702	0.034632	0.050673	0.046461	0.023783	0.059513	0.039501	0.076961	0.02562	0.084978
4	0.032681	0.040275	0.033935	0.054312	0.027089	0.081685	0.0067487	0.090034	0.012522	0.11784
5	0.022299	0.031636	0.023708	0.046865	0.01006	0.065492	0.011444	0.094359	0.0046034	0.10924
6	0.035124	0.041468	0.04283	0.058455	0.060737	0.081456	0.097432	0.10662	0.088804	0.11808
vol	0.41037	0.58963	0.32744	0.67256	0.22565	0.77435	0.15367	0.84633	0.10194	0.89806

## Physical case

Young's modulus of bone and polymer differ by a factor 15 and the Poisson ratios are given by  $\nu^b = 0.1$  and  $\nu^p = 0.3$ . Further, we assume 1 compressions and 2 shears.



- Full optimization of an entire scaffold under physiological loading conditions.
- Optimization for regeneration properties.
- Some analysis questions, e.g. regarding symmetry.

Thank you for your attention.