#### Optimal Homotopies of Curves on Surfaces

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- $\gamma_1$  and  $\gamma_2$  are closed curves on M
- H is a homotopy from \(\gamma\_1\) to \(\gamma\_2\) such that length(H(t)) ≤ L for all t

#### Theorem (with Y. Liokumovich)

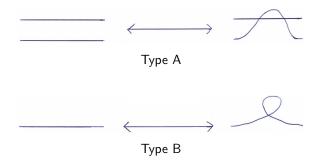
If  $\gamma_1$  and  $\gamma_2$  are simple, then for each  $\epsilon > 0$ , there exists a homotopy  $\widetilde{H}$  from  $\gamma_1$  to  $\gamma_2$  that is composed of simple curves of length no more than  $L + \epsilon$ .

#### Reidemeister Moves

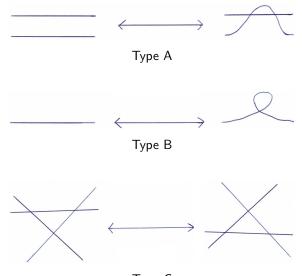


Type A

#### Reidemeister Moves

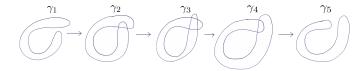


#### Reidemeister Moves



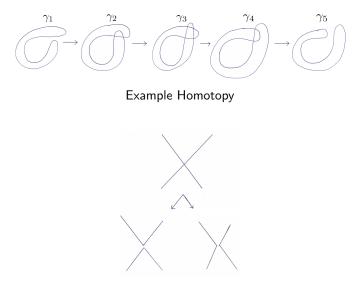
Type C



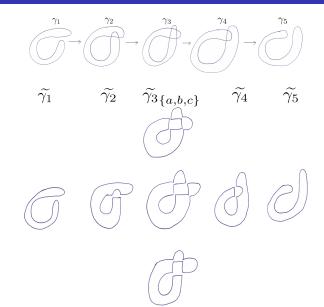


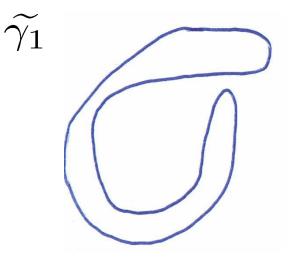
Example Homotopy

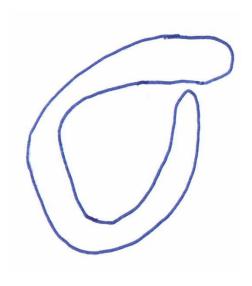


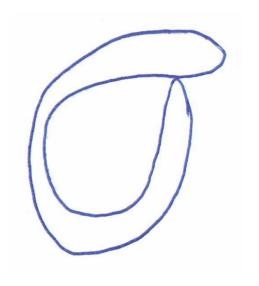


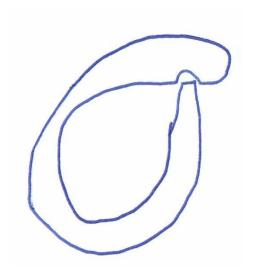
Cutting Vertices

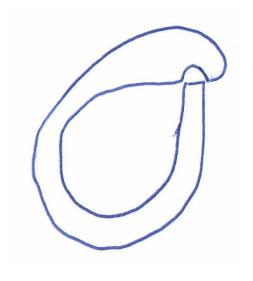


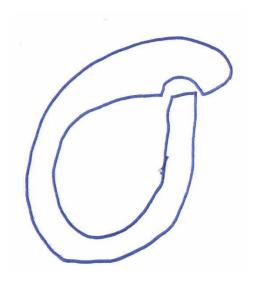


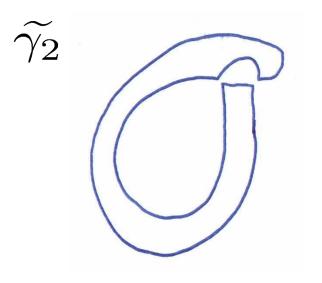


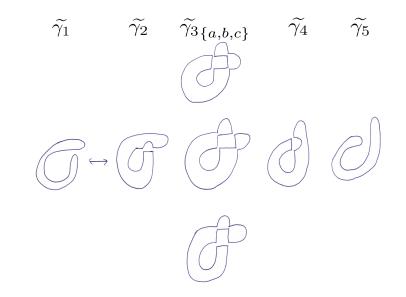


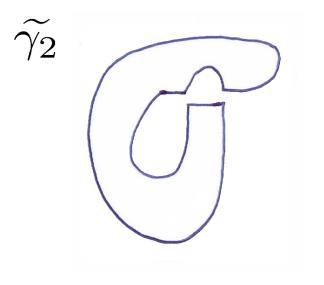










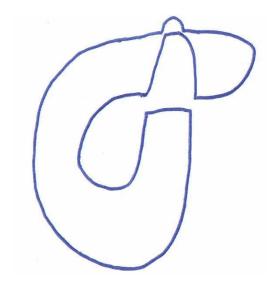




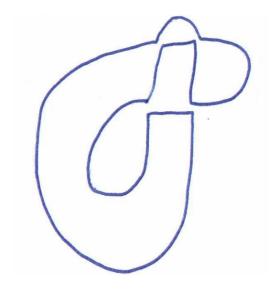


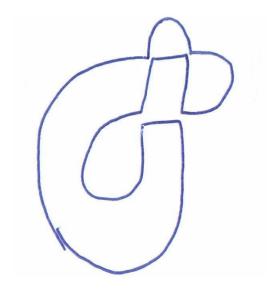


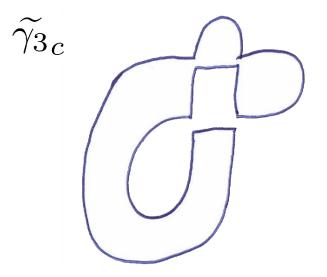


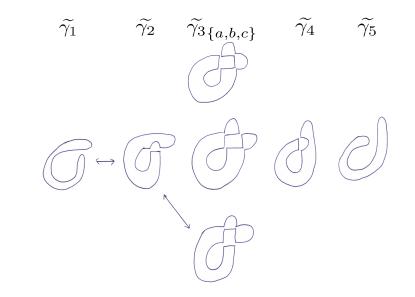


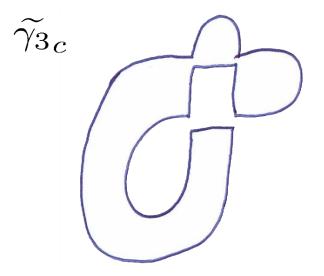


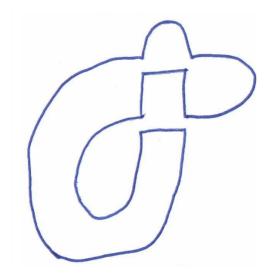


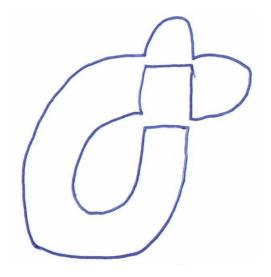


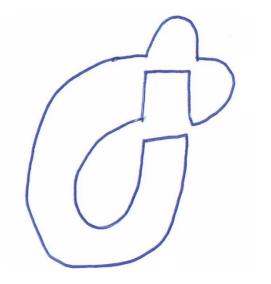


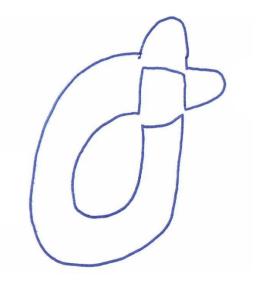




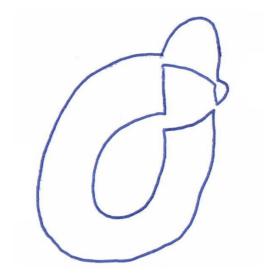


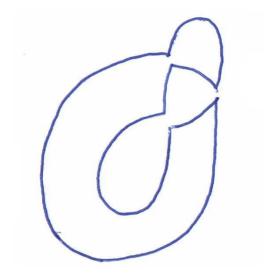


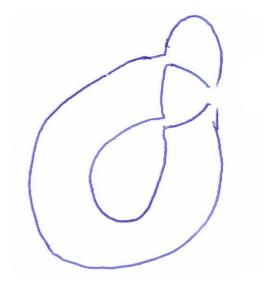


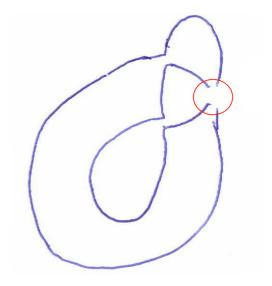


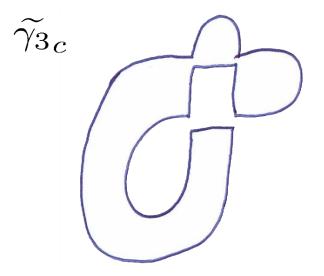


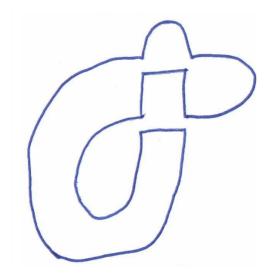


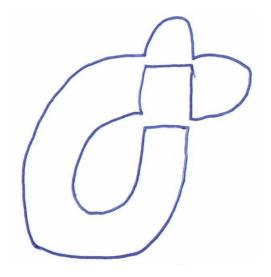


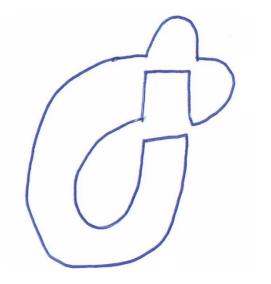


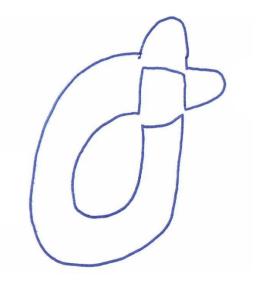




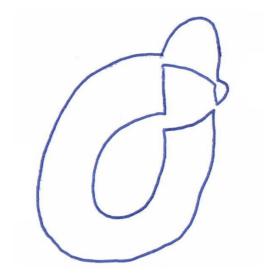


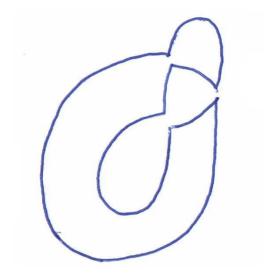


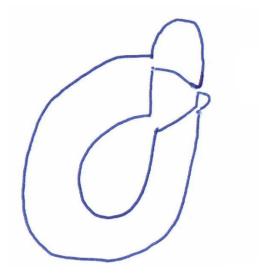


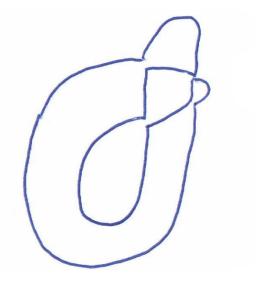


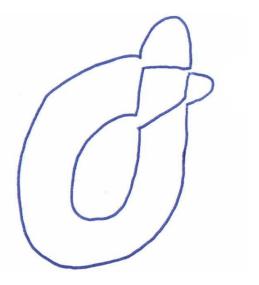


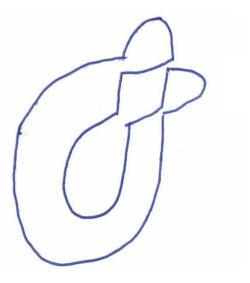


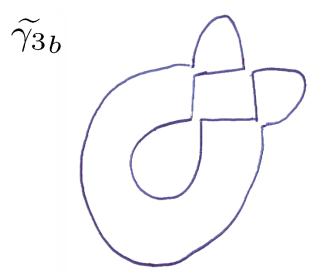


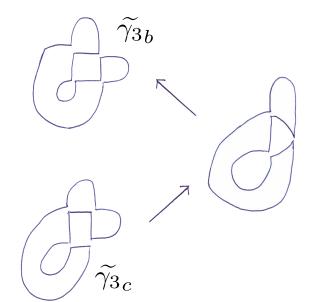


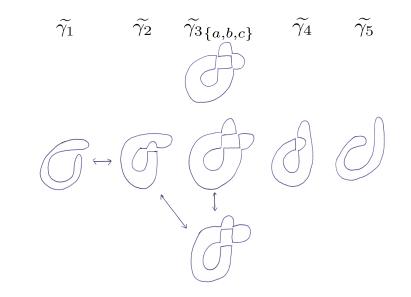


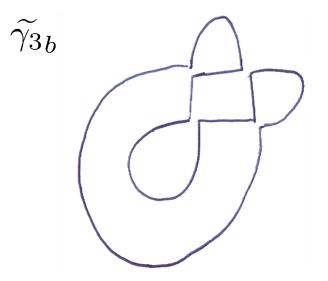


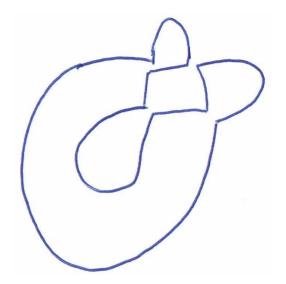


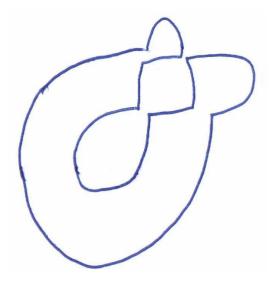


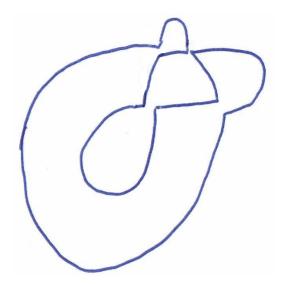


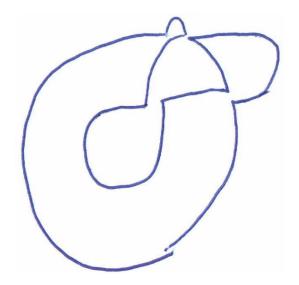


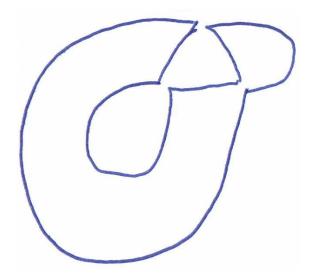


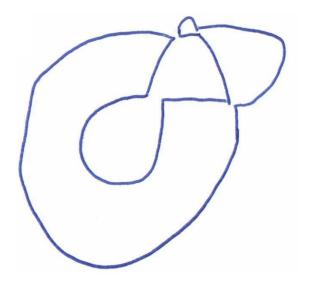


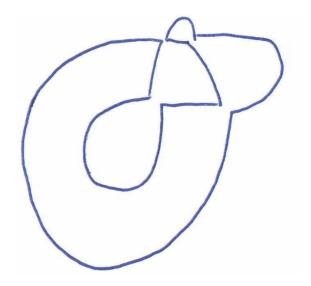


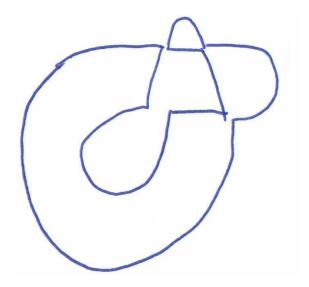


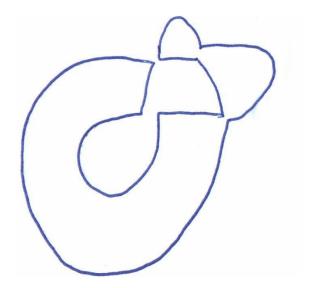


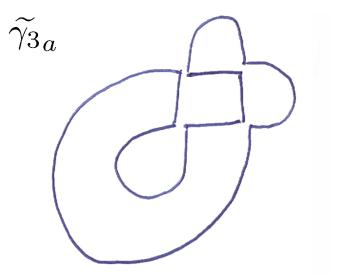


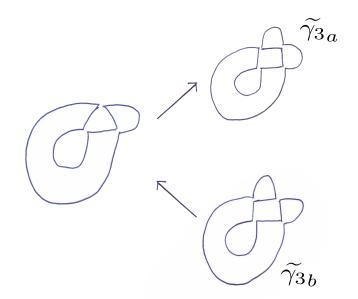


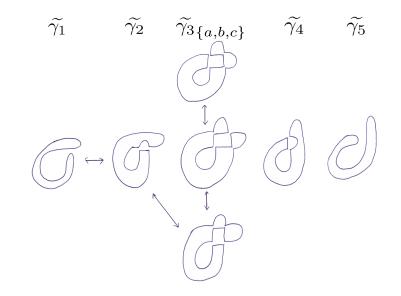


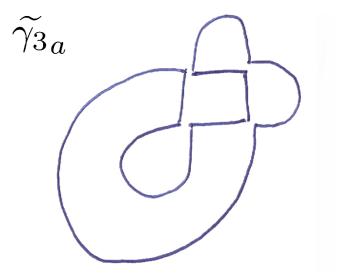


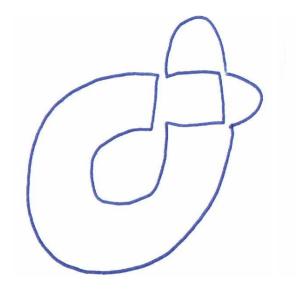


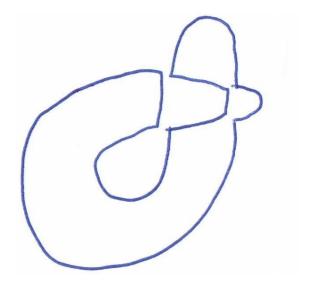


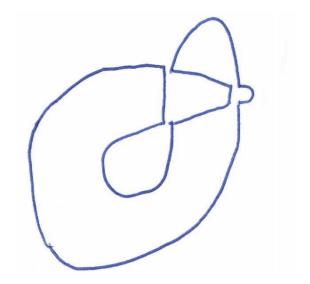


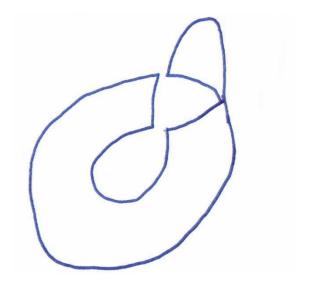


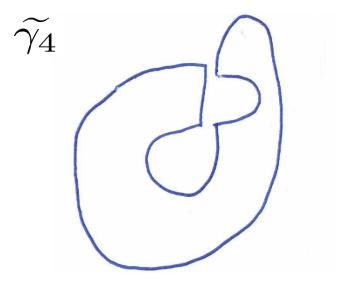


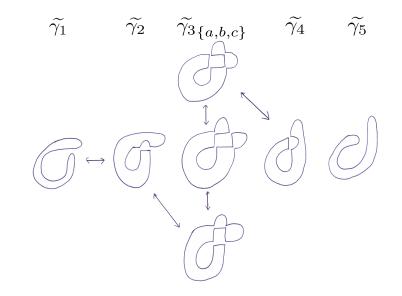


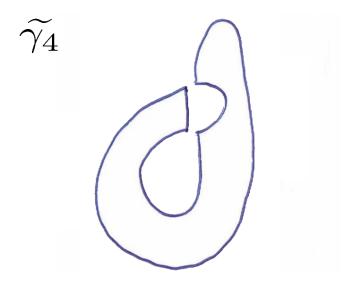


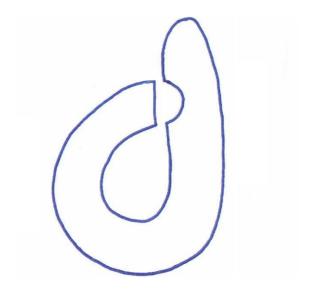


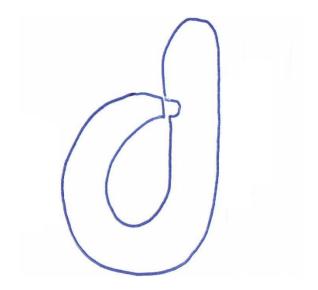


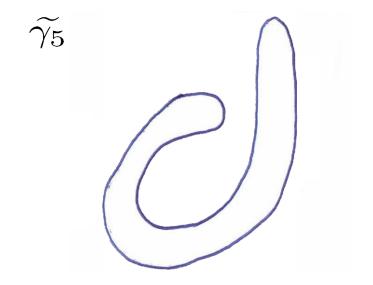


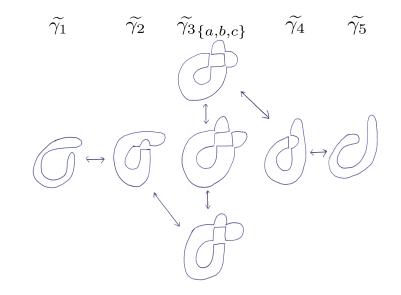












# Graph Structure



### A Complicated Curve

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### Lemma (Key Lemma)

The first and last vertices have odd degree, and the rest have even degree.

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#### Lemma (Handshaking Lemma)

For any finite indirected graph, the number of vertices with odd degree must be even.



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#### Theorem (R. Baer, 1920s)

Given non-contractible simple closed curves  $\gamma_1$  and  $\gamma_2$ , if they are homotopic, then they are also isotopic.



Let  $\gamma$  be a closed curve on an orientable (M, g). If we can contract  $2\gamma$  through curves of length at most L, then for any  $\epsilon > 0$  we can contract  $\gamma$  through curves of length at most  $L + \epsilon$ .



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Some remarks:

- This can be seen as a quantitative version of the statement that π<sub>1</sub>(M) has no elements of order 2 for an orientable 2-dimensional manifold M.
- This theorem is not true if M is of dimension  $\geq 4$  (embedded projective space).

#### Theorem (with R. Rotman)

Let (M, g) be a Riemannian disc with the property that  $\partial M$  can be contracted through curves of length no more than L. Then, for any  $\epsilon > 0$  and for any  $p \in \partial M$ , there is a contraction of M through loops based at p of length no more than  $L + 2D + \epsilon$ . Here, D is the diameter of the disc.

### Monotone Homotopy Lemma

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If we can contract  $\partial M$  through loops of length at most L, then we can contract it through a monotone sequence of curves of length no more that  $L + \epsilon$ .

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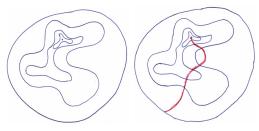


A monotone homotopy.

### Monotone Homotopy Lemma

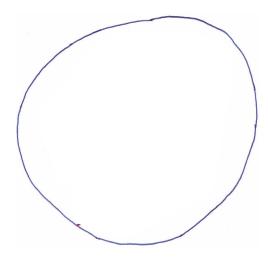
#### Lemma

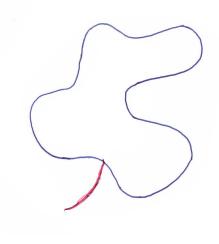
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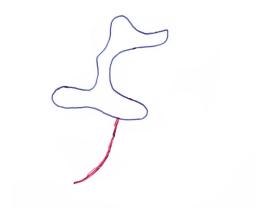


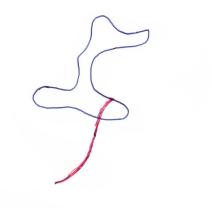
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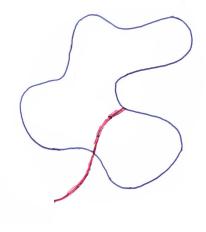
The red curve is a minimal geodesic.

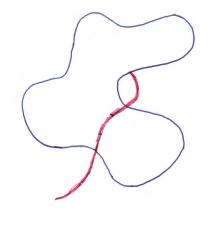


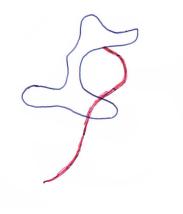


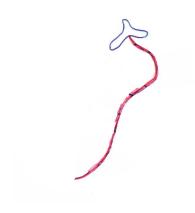








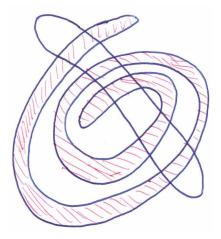






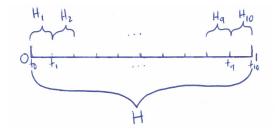


### Difficulties



How do we make this homotopy monotone?

### Proof of Monotone Lemma



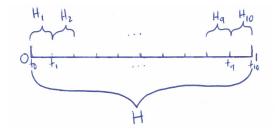
By local considerations, we can find a sequence

$$0 = t_0 < t_1 < \cdots < t_{n-1} < t_n = 1$$

and monotone homotopies  $H_1, \ldots, H_n$  such that the following properties are true:

•  $H_i$  is defined on  $[t_{i-1}, t_i]$ .

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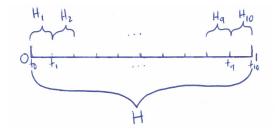
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- $H_0(0)$  is  $\partial M$ .

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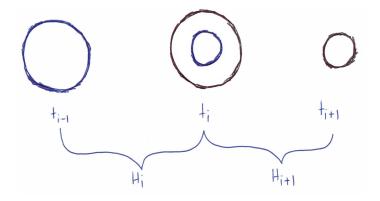
- $H_i$  is defined on  $[t_{i-1}, t_i]$ .
- $H_0(0)$  is  $\partial M$ .
- $H_n(1)$  is a point.

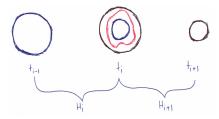
#### Nested

We also want each  $H_i$  and  $H_{i+1}$  to be *nested*. This means that  $H_i(t_i)$  lies in the closure of the interior of  $H_{i+1}(t_i)$ .

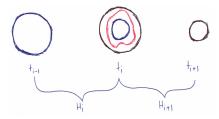
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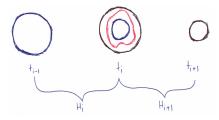


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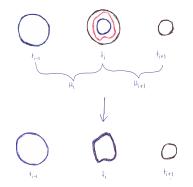
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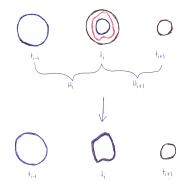
 $\rightarrow$ Fixing  $H_i$ . Fixing  $H_{i+1}$ .

## Proof of Monotone Lemma - Continued



The two homotopies can now be glued together.

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The two homotopies can now be glued together.

Successively applying this method allows us to glue all of the monotone homotopies into a single monotone homotopy, concluding the proof.

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- By modifying these methods we can prove Theorem 3 for contractible simple closed curves on any 2-dimensional Riemannian manifold. In this case the based loops have length at most 3L + 2D + ε.



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## Conclusions

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Thanks for your attention!